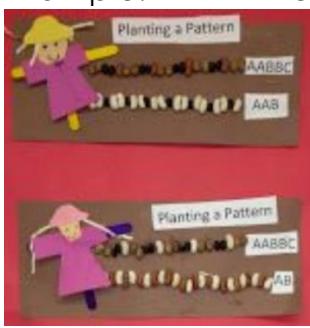
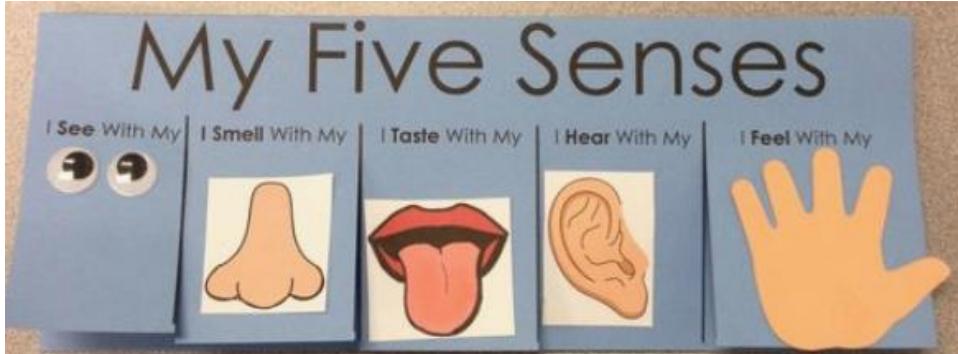


Farm to Fork

ELA	
	<p>Discuss what animals need to live and grow on the farm (See animals facts pages).</p> <p>Read: Farm Babies</p>  <p>https://video.link/w/UB87b</p>
	<p>Discuss what foods make a healthy meal. Talk about the 5 food groups, Grains, Vegetables, Proteins, Fruits and Dairy.</p>
	<p>Where does our food come from? Discuss how we get our food from farm, to store, to the table.</p> <p>Video: How Milk Gets from Farm to Fridge</p>  <p>https://video.link/w/CiX7b</p>
	<p>Letter and sounds: Make silly rhyming words with fruits and vegetables in your home. Example: Apple-Dapple</p>
	<p>Letter and sounds: Looking at food labels, find the first letter on the label and tell the sound it makes.</p>
	<p>Letter and sounds: Use the pictures you cut out from grocery ads and make a letter with playdough to match the beginning sound. Example: Apple-/A/</p>
	<p>Letter and sounds: Letter Hunt: Find things in your home that begin with /f/. (ex. fruit, fan, family. Clap the parts you hear in each word (ex. Fam-il-y)</p>

	<p>Cow song: https://video.link/w/kh97b </p> <p>Horse song: https://video.link/w/Nk97b </p> <p>Chicken song: https://video.link/w/Am97b </p> <p>Pig song: https://video.link/w/Ao97b </p>
Math	
	<p>Count all your toy animals (stuffed or plastic). Sort by number of legs (example, 2 legs, 4 legs).</p> <p>Positional Words song:</p> <p> https://video.link/w/oU87b</p>
	<p>STEM: Collect different items from around your house and try to build a barn. You can use toilet paper rolls or boxes.</p>
	<p>Plant a pattern-Use beans, crackers, cereal to make a 2- or 3-part pattern.</p> <p>Example: ABABAB or ABCABC</p> 

	<p>Using beans or macaroni, count out groups of 10. How many groups do you need to make 100?</p> 
	<p>STEM: In a Ziploc bag with a wet paper towel or cotton balls grow a bean seed. Make sure to put it in the window for the sun.</p>  <p>https://tinyurl.com/yygu66gd</p>
	<p>Using 2 bowls, sort fruits and vegetables according to their food group.</p>
	<p>STEM: Fat in Our Foods Experiment: Make predictions of how much fat is in foods we eat.</p>  <p>https://tinyurl.com/y3lakwrn</p>
	<p>Look at different food pictures or real food and talk about all of the shapes you see. Don't forget your sphere, cone, cube, pyramid, and cylinder.</p>
Art/Sensory	
	<p>Draw/make a farm. Add details like doors, pens, hay, animals. Glue or tape sticks for a pen for a 3D effect. https://tinyurl.com/y5b3l3mn</p>

	<p>Make a farmer's hat out of a paper bag or newspaper. Use some of the recycled materials you collected.</p> 
	<p>Using 5 senses, Feel, listen, smell, look and taste different foods. How are they different or the same?</p> 
	<p>Draw color or paint one type of fruit and one vegetable. Talk about how they are different.</p>
	<p>Create a still life art piece inspired by Paul Cezanne.</p>  <p><i>Still Life with Apples</i> by Paul Cezanne</p>
Gross/Fine Motor	
	<p>Fine Motor: Use playdough to make the letter "Ff" for farm. Make the letters in your name too!</p> <p>https://tinyurl.com/yyf7ayg6</p>

	<p>Fine Motor: Color the barn by number https://tinyurl.com/y3j9cmnx</p>
	<p>Gross Motor: Gallop fast like a horse. Waddle like a duck. Flap your wings like a turkey. Kick like a bull!</p>  <p>https://tinyurl.com/y5mhha5c</p>
	<p>Gross Motor: B-I-N-G-O Movement Song</p>  <p>https://video.link/w/CUW7b</p>
	<p>Gross Motor: Just Dance Kids-Old McDonald Had a Farm</p>  <p>https://video.link/w/qCX7b</p>
	<p>Fine Motor: My Healthy Plate</p> <p>Color and cut the food pictures and sort where they go by food group onto the plate.</p>  <p>https://tinyurl.com/y2k5tc9b</p>
	<p>Gross Motor: Farm animal yoga https://tinyurl.com/yxr3kugo</p> <p>Hen, Horse, Sheep, Cow, and Pig</p>

Dinner	
	Help set the table for dinner. Count each plate, fork, and spoon. Ask your family what you are having for dinner, and where the different food items come from.
	What does a farmer do every day? Discuss the chores and responsibilities of a farmer. Ask your child, what job would you like to do if you were a farmer? Vocabulary examples: Feed, Plow, Rake, Hoe, Tractor, Seed, Animals. https://tinyurl.com/yy53xdoa
	What does a farmer do?  https://video.link/w/wMW7b
	What are fruits and vegetables? Discuss how fruits and vegetables grow, and what part of the plant do we eat? Example: root, leaves, stem, flower.  https://video.link/w/lzX7b
	Discuss with your family what you are having for dinner? Are you eating any vegetables for dinner? Any fruits for dessert?
	How do I make a healthy meal? Discuss which food might have more fat? Which foods have vitamins that help us grow and stay healthy?